

Extra Mile Timing 9/29/2019 04:36 PM
 Sri Chinmoy Self-Transcendence Masters Meet - 9/29/2019
 Glendale High School
 Results

W35 50 Meter Dash

Name	Age Team	Finals	Wind	H#
Finals				
1 # 184 Trucks, Christina	W35 Joy's Jackra	7.11	+0.0	2

W45 50 Meter Dash

Name	Age Team	Finals	Wind	H#
1 # 192 Watkins, Darmesha	W47	7.63	+0.0	2

W50 50 Meter Dash

Name	Age Team	Finals	Wind	H#
1 # 205 Reid, Ersell	W50	8.35	+0.0	2

W55 50 Meter Dash

Name	Age Team	Finals	Wind	H#
1 # 185 Upshaw, Joy	W58	7.34	+0.0	2
2 # 138 Jewett, Venus	W55	7.51	+0.0	2
3 # 139 Jones, Jennifer	W58 Unattached	8.52	+0.0	2

W60 50 Meter Dash

Name	Age Team	Finals	Wind	H#
1 # 203 Smith, Darcy	W64	11.71	1.2	

W70 50 Meter Dash

Name	Age Team	Finals	Wind	H#
1 # 180 Steele Matthews,	W70 SC Striders	8.36	1.2	

W75 50 Meter Dash

Name	Age Team	Finals	Wind	H#
1 # 195 Bergen, Kathy	W79 Unattached	8.37	1.2	

M45 50 Meter Dash

Name	Age Team	Finals	Wind	H#
1 # 144 Lambo, Danilo	M47	6.69	0.3	3

M50 50 Meter Dash

Name	Age Team	Finals	Wind	H#
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1 #	168	Risley, Mike	M50	So Cal Track	6.75	0.3	3
2 #	110	Boba, Randall	M52		6.97	0.3	3

M55 50 Meter Dash

Name	Age	Team	Finals	Wind	H#		
1 #	116	Chan, Stephen	M56	7.31	0.3	3	
2 #	155	Marcisz, Zdzislaw	M59	San Francisc	7.45	0.3	3
3 #	190	Wilson, Victor	M59	7.58	0.3	3	

M60 50 Meter Dash

Name	Age	Team	Finals	Wind	H#		
1 #	105	Apodaca, Danny	M62	7.20	0.9	2	
2 #	160	Niroumand, Mahmou	M62	7.42	0.9	2	
3 #	176	Sonti, Pat	M61	Trojan Maste	9.01	0.9	2

M65 50 Meter Dash

Name	Age	Team	Finals	Wind	H#		
1 #	172	Ruggless, Joe	M66	SC Striders	7.27	0.9	2
2 #	120	Danielson, Donald	M65		8.11	0.9	2
3 #	204	Watson, Richard	M67		10.23	0.9	2

M70 50 Meter Dash

Name	Age	Team	Finals	Wind		
1 #	191	Ziskin, Daniel	M72	So Cal Track	8.16	-1.0
2 #	201	Gast, Monte	M71		9.46	-1.0

M75 50 Meter Dash

Name	Age	Team	Finals	Wind		
1 #	159	Muranaka, Ron	M76	S C Striders	9.65	-1.0

M80 50 Meter Dash

Name	Age	Team	Finals	Wind		
1 #	175	Smith, Doug	M80	SC Striders	8.64	-1.0

M85 50 Meter Dash

Name	Age	Team	Finals	Wind		
1 #	148	Leis, Donald	M87		11.32	-1.0

W35 100 Meter Dash

Name	Age	Team	Finals	Wind		
1 #	189	Williams, Tiffany	W35	Unattached	13.14	-1.7
2 #	184	Trucks, Christina	W35	Joy's Jackra	13.20	-1.7

W40 100 Meter Dash

Name	Age Team	Finals	Wind
1 # 206 Shaw, Zoe	W44 Unattached	14.40	-1.7

W45 100 Meter Dash

Name	Age Team	Finals	Wind
1 # 164 Pinne, Marija	W45	15.57	-1.7

W50 100 Meter Dash

Name	Age Team	Finals	Wind
1 # 205 Reid, Ersell	W50	16.48	-1.7
2 # 101 Abubakar, Zaiton	W54	17.10	-1.7

W55 100 Meter Dash

Name	Age Team	Finals	Wind
1 # 185 Upshaw, Joy	W58	13.87	-1.7

W75 100 Meter Dash

Name	Age Team	Finals	Wind
1 # 195 Bergen, Kathy	W79 Unattached	16.70	-1.7

M35 100 Meter Dash

Name	Age Team	Finals	Wind	H#
1 # 193 Koch, Michael	M37	12.08	2.2	3

M40 100 Meter Dash

Name	Age Team	Finals	Wind	H#
1 # 111 Buenaventura, Bru	M40	11.96	2.2	3
2 # 178 Stallings, T.C.	M41 Unattached	12.02	2.2	3

M45 100 Meter Dash

Name	Age Team	Finals	Wind	H#
1 # 144 Lambo, Danilo	M47	12.17	2.2	3
2 # 132 Gurevich, Dmitry	M47	14.05	2.2	3

M50 100 Meter Dash

Name	Age Team	Finals	Wind	H#
1 # 168 Risley, Mike	M50 So Cal Track	12.40	2.2	3
2 # 110 Boba, Randall	M52	12.73	2.2	3

M55 100 Meter Dash

Name	Age Team	Finals	Wind	H#
1 # 156 McCullouch Sr, Ga	M57	13.10	2.1	2
2 # 155 Marcisz, Zdzislaw	M59 San Francisc	13.65	2.1	2
2 # 116 Chan, Stephen	M56	13.65	2.1	2
4 # 190 Wilson, Victor	M59	14.03	2.1	2

M60 100 Meter Dash

Name	Age Team	Finals	Wind	H#
1 # 125 Duhon, BJ	M61	13.11	2.1	2
2 # 121 Davis, Mark	M63	13.39	2.1	2
3 # 104 Anderson, Gary	M63	14.54	2.1	2
4 # 176 Sonti, Pat	M61 Trojan Maste	17.28	2.1	2

M65 100 Meter Dash

Name	Age Team	Finals	Wind
1 # 172 Ruggless, Joe	M66 SC Striders	13.72	-0.2
2 # 124 Driver III, F Eug	M69 Trojan Maste	14.40	-0.2

M70 100 Meter Dash

Name	Age Team	Finals	Wind
1 # 191 Ziskin, Daniel	M72 So Cal Track	15.60	-0.2
2 # 207 Washington, Micha	M71 Trojan Maste	16.48	-0.2

M75 100 Meter Dash

Name	Age Team	Finals	Wind
1 # 159 Muranaka, Ron	M76 S C Striders	19.23	-0.2

M80 100 Meter Dash

Name	Age Team	Finals	Wind
1 # 175 Smith, Doug	M80 SC Striders	16.10	-0.2

M85 100 Meter Dash

Name	Age Team	Finals	Wind
1 # 148 Leis, Donald	M87	22.45	-0.2

W35 200 Meter Dash

Name	Age Team	Finals	Wind
1 # 184 Trucks, Christina	W35 Joy's Jackra	27.23	-0.8

W45 200 Meter Dash

Name	Age Team	Finals	Wind
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1 #	192 Watkins, Darmesha	W47	29.06	-0.8
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W50 200 Meter Dash

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Name	Age Team	Finals	Wind
1 #	101 Abubakar, Zaiton	W54	35.40 -0.8

W55 200 Meter Dash

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Name	Age Team	Finals	Wind
1 #	185 Upshaw, Joy	W58	28.16 -0.8
2 #	138 Jewett, Venus	W55	31.61 -0.8

W65 200 Meter Dash

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Name	Age Team	Finals	Wind
1 #	142 Kelly, Pat	W69 Balboa Track	38.01 -0.8

M35 200 Meter Dash

=====

Name	Age Team	Finals	Wind	H#	
1 #	193 Koch, Michael	M37	25.45	-1.1	3

M40 200 Meter Dash

=====

Name	Age Team	Finals	Wind	H#	
1 #	111 Buenaventura, Bru	M40	25.11	-1.1	3
2 #	178 Stallings, T.C.	M41 Unattached	25.48	-1.1	3

M45 200 Meter Dash

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Name	Age Team	Finals	Wind	H#	
1 #	132 Gurevich, Dmitry	M47	29.94	-1.1	3

M55 200 Meter Dash

=====

Name	Age Team	Finals	Wind	H#	
1 #	156 McCullouch Sr, Ga	M57	26.94	-1.4	2
2 #	116 Chan, Stephen	M56	28.64	-1.4	2
3 #	190 Wilson, Victor	M59	28.98	-1.4	2
4 #	155 Marcisz, Zdzislaw	M59 San Francisc	29.52	-1.4	2

M60 200 Meter Dash

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Name	Age Team	Finals	Wind
1 #	121 Davis, Mark	M63	28.42 -2.4
2 #	176 Sonti, Pat	M61 Trojan Maste	38.42 -2.4

M65 200 Meter Dash

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Name	Age Team	Finals	Wind
1 # 172 Ruggless, Joe	M66 SC Striders	28.26	-2.4
2 # 124 Driver III, F Eug	M69 Trojan Maste	30.40	-2.4

M70 200 Meter Dash

Name	Age Team	Finals	Wind
1 # 207 Washington, Micha	M71 Trojan Maste	35.76	-2.4

M75 200 Meter Dash

Name	Age Team	Finals	Wind
1 # 109 Barnum, Larry	M75	30.46	-2.4

W55 400 Meter Dash

Name	Age Team	Finals
1 # 138 Jewett, Venus	W55	75.95

W65 400 Meter Dash

Name	Age Team	Finals
1 # 142 Kelly, Pat	W69 Balboa Track	1:26.04

M40 400 Meter Dash

Name	Age Team	Finals
1 # 153 Mangasar, Edvard	M41	52.83

M50 400 Meter Dash

Name	Age Team	Finals
1 # 122 Dayan, David	M51	62.94

M55 400 Meter Dash

Name	Age Team	Finals
1 # 190 Wilson, Victor	M59	73.97

M70 400 Meter Dash

Name	Age Team	Finals
1 # 191 Ziskin, Daniel	M72 So Cal Track	1:21.58

M75 400 Meter Dash

Name	Age Team	Finals
1 # 109 Barnum, Larry	M75	66.34

W45 800 Meter Run

Name	Age Team	Finals
1 # 167 Quek, Grace	W47 Unattached	3:33.47

M50 800 Meter Run

Name	Age Team	Finals
1 # 122 Dayan, David	M51	2:34.58

M60 800 Meter Run

Name	Age Team	Finals
1 # 161 Nivens, Denny	M62	2:42.06
2 # 106 Araujo, John	M61	2:56.78

M65 800 Meter Run

Name	Age Team	Finals
1 # 165 Pittman, Patrick	M67	3:54.42

M90 800 Meter Run

Name	Age Team	Finals
1 # 150 Linde, Gunnar	M91	4:15.95

M60 1500 Meter Run

Name	Age Team	Finals
1 # 106 Araujo, John	M61	5:27.87
2 # 134 Hemmel, Mark	M61 Cal Coast Tr	5:56.81

M65 1500 Meter Run

Name	Age Team	Finals
1 # 158 Morris, Bob	M67	6:00.97

M70 1500 Meter Run

Name	Age Team	Finals
1 # 208 Vandeman, Samarth	M71	8:37.57

W45 3000 Meter Run

Name	Age Team	Finals
1 # 174 Sanchez, Blanca	W48 Guatemala	15:33.95

M70 3000 Meter Run

Name	Age Team	Finals
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1 # 130 Geisel, Ritchie M74 Unattached 14:00.99
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W55 80 Short Hurdles

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=====
Name Age Team Finals Wind
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1 # 185 Upshaw, Joy W58 13.18 1.6
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M60 100 Short Hurdles

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=====
Name Age Team Finals Wind
=====
1 # 125 Duhon, BJ M61 15.90 1.6
2 # 160 Niroumand, Mahmou M62 16.89 1.6
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M65 300 Long Hurdles

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=====
Name Age Team Finals
=====
1 # 194 Merrega, Mike M67 60.33
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W60 High Jump

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=====
Name Age Team Finals
=====
1 # 203 Smith, Darcy W64 1.02m 3-04.00
0.95 1.00 1.02 1.05
0 0 0 XXX
```

W70 High Jump

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=====
Name Age Team Finals
=====
1 # 179 Steekelenburg, An W71 1.24m 4-00.75
1.10 1.15 1.20 1.24 1.28
0 0 XO XX0 XXX
```

W75 High Jump

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=====
Name Age Team Finals
=====
1 # 195 Bergen, Kathy W79 Unattached 1.15m 3-09.25
1.05 1.10 1.15 1.20
XO 0 XX0 XXX
```

M60 High Jump

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=====
Name Age Team Finals
=====
1 # 135 Hlavin, Peter M61 1.65m 5-05.00
1.50 1.55 1.60 1.65 1.71
0 0 0 XO XXX
2 # 160 Niroumand, Mahmou M62 1.45m 4-09.00
1.30 1.35 1.40 1.45 1.50
0 P 0 XO XXX
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M65 High Jump

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Name	Age Team	Finals
1 # 181 Stevens, Jim	M68	1.24m 4-00.75
1.24 1.28		
0 XXX		
2 # 194 Merrega, Mike	M67	1.20m 3-11.25
1.10 1.15 1.20 1.24 1.28 1.30		
0 P 0 P P X		
3 # 204 Watson, Richard	M67	1.15m 3-09.25
1.05 1.10 1.15 1.20		
0 0 0 XXX		

M70 High Jump

Name	Age Team	Finals
1 # 131 Goodreau, James	M74	1.35m 4-05.00
1.20 1.24 1.28 1.30 1.35 1.40		
0 0 0 0 0 XXX		

M75 High Jump

Name	Age Team	Finals
1 # 112 Burrell, Otis	M75 Trojan Maste	1.30m 4-03.25
1.20 1.24 1.28 1.30 1.35		
0 0 0 0 XXX		
2 # 140 Jones, Larry	M77	1.10m 3-07.25
0.95 1.00 1.05 1.10		
0 P 0 0		

M80 High Jump

Name	Age Team	Finals
1 # 199 Bergen, Bert	M81	1.15m 3-09.25
1.05 1.10 1.15 1.20		
0 0 XO XXX		

M55 Pole Vault

Name	Age Team	Finals
1 # 157 McIntyre, Timothy	M58	3.81m 12-06.00
3.36 3.66 3.81		
0 0 XX0		

M65 Pole Vault

Name	Age Team	Finals
1 # 120 Danielson, Donald	M65	2.31m 7-07.00
1.83 2.14 2.31 2.44		
0 0 0 XXX		

M75 Pole Vault

Name	Age Team	Finals
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1 # 140 Jones, Larry M77 2.31m 7-07.00
 1.83 2.14 2.31 2.44
 0 0 0 XXX

W35 Long Jump

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=====
Name                      Age Team                      Finals Wind
=====
1 # 184 Trucks, Christina W35 Joy's Jackra 4.29m 2.0 14-01.00
4.13m(+0.0) 3.99m(+0.0) 4.10m(0.3) 4.16m(2.0) 4.29m(2.0) 4.27m(1.3)
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W55 Long Jump

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=====
Name                      Age Team                      Finals Wind
=====
1 # 185 Upshaw, Joy W58 4.45m 1.9 14-07.25
FOUL(0.1) 4.33m(+0.0) 4.45m(1.9) FOUL(+0.0) FOUL(1.3) 4.34m(0.9)
2 # 102 Amarasekara, Vero W58 SC Striders 4.07m +0.0 13-04.25
4.03m(0.2) 4.07m(+0.0) 3.98m(1.0) 3.85m(0.3) PASS PASS
3 # 139 Jones, Jennifer W58 Unattached 2.82m +0.0 9-03.00
2.68m(+0.0) 2.82m(+0.0) 2.73m(+0.0) 2.76m(1.0) 2.63m(1.1) 2.72m(+0.0)
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M50 Long Jump

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=====
Name                      Age Team                      Finals Wind
=====
1 # 168 Risley, Mike M50 So Cal Track 4.85m +0.0 15-11.00
FOUL(1.3) 4.85m(+0.0) FOUL(0.9) PASS PASS PASS
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M55 Long Jump

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=====
Name                      Age Team                      Finals Wind
=====
1 # 156 McCullough Sr, Ga M57 4.78m 0.5 15-08.25
4.63m(0.8) 4.52m(+0.0) 4.30m(2.1) 4.78m(0.5) FOUL(+0.0) 4.71m(0.9)
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M65 Long Jump

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=====
Name                      Age Team                      Finals Wind
=====
1 # 181 Stevens, Jim M68 4.40m 0.7 14-05.25
4.40m(0.7) 4.02m(0.2) 3.88m(1.7) 4.10m(0.7) 4.32m(+0.0) 4.24m(1.3)
2 # 120 Danielson, Donald M65 3.97m 0.6 13-00.25
3.64m(1.3) 3.97m(0.6) 3.71m(0.9) 3.84m(1.0) 3.95m(1.5) 3.87m(+0.0)
3 # 129 Fitzpatrick, Bill M68 3.82m 1.4 12-06.50
FOUL(0.9) 3.66m(+0.0) 3.63m(+0.0) 3.64m(0.1) FOUL(1.4) 3.82m(1.4)
4 # 165 Pittman, Patrick M67 3.11m 2.4 10-02.50
2.92m(+0.0) 2.90m(1.1) 2.95m(+0.0) 3.11m(2.4) 3.03m(1.1) 2.97m(0.2)
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M75 Long Jump

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=====
Name                      Age Team                      Finals Wind
=====
1 # 140 Jones, Larry M77 3.28m +0.0 10-09.25
FOUL(+0.0) FOUL(+0.0) FOUL(+0.0) 3.28m(+0.0) 3.08m(+0.0) PASS
```

M85 Long Jump

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=====
Name                      Age Team                      Finals Wind
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1 #	148 Leis, Donald	M87	2.16m	1.2	7-01.00
	2.06m(1.8) 2.16m(1.2) FOUL(0.8) 1.85m(1.5) 1.96m(1.7) PASS(+0.0)				

W55 Triple Jump

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Name	Age Team	Finals	Wind
1 #	102 Amarasekara, Vero W58 SC Striders	8.22m	+0.0 26-11.75
	8.13m(3.7) 8.22m(+0.0)		
2 #	139 Jones, Jennifer W58 Unattached	5.67m	2.6 18-07.25
	5.18m(2.7) 5.59m(2.3) 5.56m(3.1) 5.34m(1.9) 5.45m(+0.0) 5.67m(2.6)		

W70 Triple Jump

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Name	Age Team	Finals	Wind
1 #	179 Steekelenburg, An W71	5.95m	1.2 19-06.25
	5.74m(1.6) 5.95m(1.2) FOUL(4.8) 5.68m(0.1)		

M60 Triple Jump

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Name	Age Team	Finals	Wind
1 #	160 Niroumand, Mahmou M62	10.00m	+0.0 32-09.75
	9.69m(+0.0) 9.78m(3.2) 10.00m(+0.0) 9.92m(1.4)		

M65 Triple Jump

=====

Name	Age Team	Finals	Wind
1 #	181 Stevens, Jim M68	8.76m	+0.0 28-09.00
	8.70m(+0.0) 8.76m(+0.0) 8.14m(+0.0) 8.43m(+0.0)		
2 #	115 Censullo, Richard M66 So Cal Track	7.81m	1.5 25-07.50
	7.44m(1.5) 7.73m(0.9) 7.30m(+0.0) 7.41m(+0.0) 7.81m(1.5) 7.63m(2.1)		
3 #	129 Fitzpatrick, Bill M68	7.79m	0.8 25-06.75
	7.61m(1.9) 7.38m(+0.0) FOUL(1.3) 7.53m(1.5) 7.79m(0.8) 7.59m(1.7)		
4 #	120 Danielson, Donald M65	7.73m	+0.0 25-04.50
	7.46m(2.1) 7.73m(+0.0)		

M75 Triple Jump

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Name	Age Team	Finals	Wind
1 #	140 Jones, Larry M77	7.15m	1.4 23-05.50
	6.86m(1.4) 6.73m(0.9) 7.15m(1.4)		

W40 Shot Put

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Name	Age Team	Finals
1 #	154 Mann, Elly W43	5.15m 16-10.75
	5.15m 4.57m 5.14m 3.44m 5.03m 4.66m	

W45 Shot Put

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Name	Age Team	Finals
1 #	164 Pinne, Marija W45	9.84m 32-03.50

9.84m 8.95m 9.47m 9.46m 9.72m 9.42m

W50 Shot Put

Name	Age Team	Finals
1 # 119 Dahl, Carla	W51	6.87m 22-06.50
6.38m 6.63m FOUL 6.70m 6.54m 6.87m		

W55 Shot Put

Name	Age Team	Finals
1 # 102 Amarasekara, Vero	W58 SC Striders	9.93m 32-07.00
9.31m 9.46m 9.05m 9.93m 9.73m 9.54m		
2 # 147 Lee, Suzette	W55	8.40m 27-06.75
7.84m 8.04m 8.40m 8.39m 8.17m 8.21m		

W60 Shot Put

Name	Age Team	Finals
1 # 126 Dunton, Linn	W62	10.10m 33-01.75
9.75m 9.55m 10.10m 10.02m 9.55m 9.59m		
2 # 203 Smith, Darcy	W64	5.87m 19-03.25
5.50m 5.45m 5.41m 5.18m 5.12m 5.87m		

W65 Shot Put

Name	Age Team	Finals
1 # 118 Cohn, Linda	W66	9.03m 29-07.50
8.17m 8.63m 8.53m 9.03m 8.22m 8.14m		

W75 Shot Put

Name	Age Team	Finals
1 # 108 Babbitt, Jane	W77	5.66m 18-07.00
5.01m 5.36m FOUL 5.32m 5.66m 5.46m		

M40 Shot Put

Name	Age Team	Finals
1 # 183 Triana, Asniel	M40 So Cal Track	11.11m 36-05.50
10.97m 10.98m 10.60m 10.89m 11.11m 11.07m		

M55 Shot Put

Name	Age Team	Finals
1 # 155 Marcisz, Zdzislaw	M59 San Francisc	11.45m 37-06.75
10.64m FOUL 11.45m 10.68m 10.61m 10.48m		

M60 Shot Put

Name	Age Team	Finals
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1 # 117 Cohen, Mark M61 7.93m 26-00.25
 7.70m 7.43m 7.62m 7.08m 7.84m 7.93m

M65 Shot Put

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Name                      Age Team                      Finals
=====
1 # 143 Kirschenman, Ken M67 Sacramento, 11.85m 38-10.50
    11.67m FOUL 11.29m 11.45m 11.51m 11.85m
2 # 204 Watson, Richard M67 10.39m 34-01.25
    10.39m 10.13m 9.35m 10.01m 10.31m 9.33m
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M70 Shot Put

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=====
Name                      Age Team                      Finals
=====
1 # 133 Hart, Larry M73 11.59m 38-00.25
    11.17m 11.26m 11.18m 11.59m 11.04m FOUL
2 # 187 Whitley, Stan M73 10.26m 33-08.00
    9.87m 10.21m 10.26m 7.88m 8.03m FOUL
3 # 162 Pearce, Irv M74 8.67m 28-05.50
    8.67m 8.05m 8.08m PASS PASS PASS
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M75 Shot Put

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=====
Name                      Age Team                      Finals
=====
1 # 136 Hurlbert, Ken M79 So Cal Track 11.05m 36-03.00
    10.19m 10.59m 9.82m 10.77m 11.05m 10.88m
2 # 188 Widmer, Ronald M77 Balboa Track 9.34m 30-07.75
    9.21m 9.28m 9.08m 9.34m FOUL 9.26m
3 # 113 Butler, Walter M78 6.79m 22-03.50
    6.20m 6.79m 6.72m 6.07m 6.60m 6.75m
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M80 Shot Put

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=====
Name                      Age Team                      Finals
=====
1 # 170 Rosen, Alan M83 7.17m 23-06.25
    6.76m 6.89m 7.17m FOUL 6.26m 7.12m
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M85 Shot Put

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=====
Name                      Age Team                      Finals
=====
1 # 127 Durrenberger, Joe M85 8.29m 27-02.50
    7.75m 7.98m 8.29m 7.86m 8.11m 8.00m
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W40 Discus Throw

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=====
Name                      Age Team                      Finals
=====
1 # 154 Mann, Elly W43 17.00m 55-09
    13.61m 14.85m 15.95m 15.48m 17.00m 13.79m
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W50 Discus Throw

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=====
Name                      Age Team                      Finals
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1 # 119 Dahl, Carla W51 18.01m 59-01
14.24m 11.12m 16.43m 15.91m FOUL 18.01m

W55 Discus Throw

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Name	Age Team	Finals
1 # 147 Lee, Suzette	W55	22.79m 74-09
19.61m FOUL 20.54m 20.75m 22.79m 22.62m		

W60 Discus Throw

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Name	Age Team	Finals
1 # 126 Dunton, Linn	W62	23.92m 78-06
FOUL 23.92m FOUL FOUL 20.85m 21.86m		
2 # 203 Smith, Darcy	W64	15.95m 52-04
14.55m 13.64m 13.39m 15.95m 14.40m 14.64m		

W65 Discus Throw

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Name	Age Team	Finals
1 # 118 Cohn, Linda	W66	23.13m 75-11
FOUL 21.59m FOUL 22.80m 22.60m 23.13m		

W70 Discus Throw

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Name	Age Team	Finals
1 # 179 Steekelenburg, An	W71	19.04m 62-06
18.29m 16.85m 18.46m 19.04m 18.58m 17.05m		

W75 Discus Throw

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Name	Age Team	Finals
1 # 195 Bergen, Kathy	W79 Unattached	19.99m 65-07
16.70m FOUL 18.02m 19.63m 17.37m 19.99m		

M40 Discus Throw

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Name	Age Team	Finals
1 # 183 Triana, Asniel	M40 So Cal Track	38.06m 124-10
FOUL 36.44m FOUL 32.46m 38.06m FOUL		

M50 Discus Throw

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Name	Age Team	Finals
1 # 152 MacDonald, Craig	M54	39.75m 130-05
FOUL 36.57m 36.91m 39.75m FOUL FOUL		

M60 Discus Throw

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Name	Age Team	Finals
1 # 117 Cohen, Mark	M61	23.54m 77-03

FOUL 23.54m 22.77m FOUL 21.90m 23.35m

M65 Discus Throw

Name	Age Team	Finals
1 # 143 Kirschenman, Ken	M67 Sacramento,	44.78m 146-11
	39.16m 41.74m 42.56m FOUL 44.78m 41.48m	
2 # 204 Watson, Richard	M67	35.86m 117-08
	20.98m 34.99m FOUL 35.86m 31.09m 33.82m	

M70 Discus Throw

Name	Age Team	Finals
1 # 133 Hart, Larry	M73	41.22m 135-03
	FOUL 40.59m FOUL 41.22m 38.95m 40.83m	
2 # 166 Prnjak, Gerald	M70	37.46m 122-11
	FOUL FOUL FOUL 37.46m FOUL FOUL	
3 # 162 Pearce, Irv	M74	31.08m 102-00
	30.46m 31.08m 30.58m 29.90m 29.96m 29.82m	
4 # 187 Whitley, Stan	M73	25.35m 83-02
	18.31m 16.85m 16.94m 19.90m 21.89m 25.35m	

M75 Discus Throw

Name	Age Team	Finals
1 # 188 Widmer, Ronald	M77 Balboa Track	23.78m 78-00
	FOUL 21.56m 20.22m 19.82m 23.78m 20.32m	

M80 Discus Throw

Name	Age Team	Finals
1 # 170 Rosen, Alan	M83	25.05m 82-02
	23.49m 23.35m 22.73m 23.37m 25.05m 23.85m	

M85 Discus Throw

Name	Age Team	Finals
1 # 127 Durrenberger, Joe	M85	18.96m 62-02
	17.82m 18.35m FOUL 18.96m 17.60m 18.18m	

W50 Javelin Throw

Name	Age Team	Finals
1 # 119 Dahl, Carla	W51	21.41m 70-03
	19.75m FOUL 17.73m 16.81m 16.31m 21.41m	

W55 Javelin Throw

Name	Age Team	Finals
1 # 147 Lee, Suzette	W55	24.88m 81-07
	18.43m 24.51m 24.88m 23.96m 23.45m 22.45m	
2 # 102 Amarasekara, Vero	W58 SC Striders	21.11m 69-03

FOUL 20.13m 20.97m FOUL 19.49m 21.11m

W60 Javelin Throw

Name	Age Team	Finals
1 # 126 Dunton, Linn	W62	27.43m 90-00
26.66m 25.40m 27.43m 25.90m 26.76m 25.25m		
2 # 203 Smith, Darcy	W64	11.91m 39-01
10.92m 11.31m 9.54m FOUL 11.91m 11.57m		

W65 Javelin Throw

Name	Age Team	Finals
1 # 118 Cohn, Linda	W66	28.36m 93-00
26.79m 27.54m 27.96m 26.60m 28.36m FOUL		

W75 Javelin Throw

Name	Age Team	Finals
1 # 108 Babbitt, Jane	W77	19.59m 64-03
FOUL 17.51m 17.49m FOUL 19.59m 18.38m		
2 # 195 Bergen, Kathy	W79 Unattached	15.94m 52-03
14.65m 14.37m 15.35m 15.75m 15.94m		

M65 Javelin Throw

Name	Age Team	Finals
1 # 204 Watson, Richard	M67	32.61m 107-00
26.18m 29.62m 31.51m 32.02m 32.61m 31.48m		

M70 Javelin Throw

Name	Age Team	Finals
1 # 162 Pearce, Irv	M74	26.97m 88-06
25.72m 21.36m 26.97m FOUL FOUL		
2 # 187 Whitley, Stan	M73	26.49m 86-11
19.94m 24.64m 26.49m 25.45m 22.42m 26.48m		
-- # 149 Plotkin, Leonard	M73	FOUL
FOUL FOUL FOUL		

M75 Javelin Throw

Name	Age Team	Finals
1 # 188 Widmer, Ronald	M77 Balboa Track	24.76m 81-03
22.21m 21.52m 23.07m 23.07m 24.76m FOUL		

M85 Javelin Throw

Name	Age Team	Finals
1 # 127 Durrenberger, Joe	M85	13.06m 42-10
9.66m 10.55m FOUL 10.67m 13.06m 11.21m		

M60 200 Meter Dash Outdoor Pentathlon

Name	Age Team	Finals	Wind	Points
1 # 137 Janusey, Michael	M62 Decathlete.c	29.61	-2.6	633
2 # 160 Niroumand, Mahmoud	M62	29.85	-2.6	616
3 # 182 Strickland, Dale	M63	42.85	-2.6	26

M70 200 Meter Dash Outdoor Pentathlon

Name	Age Team	Finals	Wind	H#	Points
1 # 169 Rose, Ed	M71	32.92	-0.6	2	593
2 # 103 Anderson, Douglas	M71	36.55	-0.6	2	381
3 # 201 Gast, Monte	M71	38.99	-0.6	2	263

M80 200 Meter Dash Outdoor Pentathlon

Name	Age Team	Finals	Wind	H#	Points
1 # 141 Katsis, Tom	M80	61.61	-0.6	2	

M60 1500 Meter Dash Outdoor Pentathlon

Name	Age Team	Finals	Points
1 # 137 Janusey, Michael	M62 Decathlete.c	8:03.71	175
-- # 160 Niroumand, Mahmoud	M62	DNF	
-- # 182 Strickland, Dale	M63	DNF	

M70 1500 Meter Dash Outdoor Pentathlon

Name	Age Team	Finals	Points
1 # 169 Rose, Ed	M71	7:51.03	382
2 # 201 Gast, Monte	M71	8:19.06	292
3 # 103 Anderson, Douglas	M71	9:05.21	168

M80 1500 Meter Dash Outdoor Pentathlon

Name	Age Team	Finals	Points
1 # 141 Katsis, Tom	M80	15:19.08	

M60 Long Jump Outdoor Pentathlon

Name	Age Team	Finals	Wind	Points	
1 # 137 Janusey, Michael	M62 Decathlete.c	4.73m	0.3	15-06.25	732
4.72m(+0.0) 4.73m(0.3) FOUL(0.1)					
2 # 160 Niroumand, Mahmoud	M62	4.62m	0.1	15-02.00	697
4.62m(0.1) 4.42m(1.3) 4.40m(+0.0)					
3 # 182 Strickland, Dale	M63	3.28m	+0.0	10-09.25	310
3.18m(1.4) 3.28m(+0.0) 3.10m(3.0)					

M70 Long Jump Outdoor Pentathlon

Name	Age Team	Finals	Wind	Points
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1 #	201 Gast, Monte	M71	3.29m	0.1	10-09.50	465
	3.22m(1.4) 3.07m(+0.0) 3.29m(0.1)					
2 #	169 Rose, Ed	M71	3.25m	+0.0	10-08.00	451
	3.00m(0.9) 3.13m(0.7) 3.25m(+0.0)					
3 #	103 Anderson, Douglas	M71	3.22m	1.0	10-06.75	441
	3.21m(0.8) 3.13m(1.9) 3.22m(1.0)					

M80 Long Jump Outdoor Pentathlon

Name	Age Team	Finals	Wind	Points	
1 # 141 Katsis, Tom	M80	1.53m	+0.0	5-00.25	70
	1.36m(1.1) FOUL(1.4) 1.53m(+0.0)				

M60 Discus Throw Outdoor Pentathlon

Name	Age Team	Finals	Points	
1 # 137 Janusey, Michael	M62 Decathlete.c	40.70m	133-06	731
	38.17m 40.70m 38.33m			
2 # 160 Niroumand, Mahmou	M62	30.95m	101-06	522
	30.82m 30.95m 30.21m			
3 # 182 Strickland, Dale	M63	30.11m	98-09	504
	27.27m 30.11m 28.02m			

M70 Discus Throw Outdoor Pentathlon

Name	Age Team	Finals	Points	
1 # 169 Rose, Ed	M71	26.43m	86-08	539
	20.78m FOUL 26.43m			
2 # 201 Gast, Monte	M71	24.57m	80-07	492
	FOUL 24.57m 24.52m			
3 # 103 Anderson, Douglas	M71	24.45m	80-02	489
	22.64m 24.08m 24.45m			

M80 Discus Throw Outdoor Pentathlon

Name	Age Team	Finals	Points	
1 # 141 Katsis, Tom	M80	21.42m	70-03	568
	20.56m 21.42m 19.63m			

M60 Javelin Throw Outdoor Pentathlon

Name	Age Team	Finals	Points	
1 # 137 Janusey, Michael	M62 Decathlete.c	47.04m	154-04	836
	44.76m 42.82m 47.04m			
2 # 160 Niroumand, Mahmou	M62	42.78m	140-04	745
	38.54m 42.78m 42.67m			
3 # 182 Strickland, Dale	M63	33.67m	110-05	553
	33.67m 30.69m 32.76m			

M70 Javelin Throw Outdoor Pentathlon

Name	Age Team	Finals	Points	
1 # 201 Gast, Monte	M71	29.51m	96-10	582

	29.51m	FOUL	26.49m			
2 #	169	Rose, Ed	M71	26.44m	86-09	506
	24.88m	25.14m	26.44m			
3 #	103	Anderson, Douglas	M71	18.34m	60-02	311
	18.09m	18.34m	15.93m			

M80 Javelin Throw Outdoor Pentathlon

Name	Age Team	Finals	Points
1 # 141 Katsis, Tom	M80	23.66m	77-07 582
		23.46m 22.07m 23.66m	

Men Outdoor Pentathlon

	Points	LJ	JT	200	DT	1500

---- M54 & Under ----						
DNF MacDonal, Craig		DNS	DNS	DNS	DNS	DNS
Unattached						
M54		(0)	(0)	(0)	(0)	(0)

---- M60 ----						
1 Janusey, Michael		4.73m	47.04m	29.61	40.70m	8:03.71
Decathlete.com		w: 0.3	154-04	w: -2.6	133-06	
M62	3107	(732)	(836)	(633)	(731)	(175)

2 Niroumand, Mahmoud		4.62m	42.78m	29.85	30.95m	DNF
Unattached		w: 0.1	140-04	w: -2.6	101-06	
M62	2580	(697)	(745)	(616)	(522)	(0)

3 Strickland, Dale		3.28m	33.67m	42.85	30.11m	DNF
Unattached		w: +0.0	110-05	w: -2.6	98-09	
M63	1393	(310)	(553)	(26)	(504)	(0)

---- M70 ----						
1 Rose, Ed		3.25m	26.44m	32.92	26.43m	7:51.03
Unattached		w: +0.0	86-09	w: -0.6	86-08	
M71	2471	(451)	(506)	(593)	(539)	(382)

2 Gast, Monte		3.29m	29.51m	38.99	24.57m	8:19.06
Unattached		w: 0.1	96-10	w: -0.6	80-07	
M71	2094	(465)	(582)	(263)	(492)	(292)

3 Anderson, Douglas		3.22m	18.34m	36.55	24.45m	9:05.21
Unattached		w: 1.0	60-02	w: -0.6	80-02	
M71	1790	(441)	(311)	(381)	(489)	(168)

---- M80 ----						
1 Katsis, Tom		1.53m	23.66m	61.61	21.42m	15:19.08
Unattached		w: +0.0	77-07	w: -0.6	70-03	
M80	1220	(70)	(582)	(0)	(568)	(0)

W45 5000 Meter Race Walk

Name	Age Team	Finals
1 # 196 Dichens, Vanessa	W46	41:31.17

W60 5000 Meter Race Walk

Name	Age Team	Finals
1 # 173 Russell, Marlou	W63	39:17.52

W70 5000 Meter Race Walk

Name	Age Team	Finals
1 # 128 Eichel, Yoko	W72	33:04.40

W75 5000 Meter Race Walk

Name	Age Team	Finals	
-- # 197 LaVigne, Yvette	W79	DQ	Bent Knee

W80 5000 Meter Race Walk

Name	Age Team	Finals	
-- # 200 Capps, Shirley	W84	DQ	Bent Knee

M50 5000 Meter Race Walk

Name	Age Team	Finals
1 # 123 Deegan, Gerard	M51 Arc Run Club	30:56.03

M85 5000 Meter Race Walk

Name	Age Team	Finals
1 # 202 Acosta, Carl	M85	41:30.33