

# Self-Transcendence Series



One entry form is required per person. You may make photocopies if required. Please choose from the following options:

- Mail this entry form with a cheque to: Sri Chinmoy Marathon Team, PO Box 22-327, Christchurch
- Fax this entry form with credit card details to 377-2708

Enquiries please phone 03 974-3044 or 021 055 3023 or email christchurch@srichinmoyraces.org.

| Event              | Adults                        | Over 60s                      | Under 20s, Students               |
|--------------------|-------------------------------|-------------------------------|-----------------------------------|
| 100km/12 hour walk | <input type="checkbox"/> \$80 | <input type="checkbox"/> \$70 | 18+ <input type="checkbox"/> \$70 |
| 50km               | <input type="checkbox"/> \$50 | <input type="checkbox"/> \$40 | 18+ <input type="checkbox"/> \$40 |
| Marathon           | <input type="checkbox"/> \$50 | <input type="checkbox"/> \$40 | 18+ <input type="checkbox"/> \$40 |
| 25km               | <input type="checkbox"/> \$30 | <input type="checkbox"/> \$25 | 17+ <input type="checkbox"/> \$25 |
| Half-Marathon      | <input type="checkbox"/> \$30 | <input type="checkbox"/> \$25 | 17+ <input type="checkbox"/> \$25 |
| Duathlon           | <input type="checkbox"/> \$35 | <input type="checkbox"/> \$30 | 13+ <input type="checkbox"/> \$30 |
| 10km               | <input type="checkbox"/> \$18 | <input type="checkbox"/> \$14 | 15+ <input type="checkbox"/> \$14 |
| 5km                | <input type="checkbox"/> \$18 | <input type="checkbox"/> \$14 | 13+ <input type="checkbox"/> \$14 |
| Trail Run 22km     | <input type="checkbox"/> \$30 | <input type="checkbox"/> \$25 | 17+ <input type="checkbox"/> \$25 |
| Trail Run 11km     | <input type="checkbox"/> \$18 | <input type="checkbox"/> \$15 | 13+ <input type="checkbox"/> \$15 |
| Cross Country      | <input type="checkbox"/> \$18 | <input type="checkbox"/> \$14 | 13+ <input type="checkbox"/> \$14 |
| 2.5km              |                               |                               | <input type="checkbox"/> \$7      |

We require that entrants be 13 years to run 5km, 15 years to run 10km, and 17 years to run 21km. Research indicates endurance sports may lead to cumulative trauma on the musculoskeletal systems of children and young adults.

Event Date: \_\_\_\_\_

First Name: \_\_\_\_\_ Surname: \_\_\_\_\_

Email Address: \_\_\_\_\_

I would like to receive email notification about upcoming events

Gender:  Female  Male

Street Address: \_\_\_\_\_

Suburb: \_\_\_\_\_ City: \_\_\_\_\_

Home phone: \_\_\_\_\_ Mobile: \_\_\_\_\_

Date of birth: \_\_\_\_\_ Age on race day: \_\_\_\_\_

Club name: \_\_\_\_\_

List of any medical conditions: \_\_\_\_\_

Payment Method:  Cheque  Credit card Total: \$ \_\_\_\_\_

Credit Card Details: (Please note that charge will be listed as 'The Lotus-Heart')

Cardholder name: \_\_\_\_\_

Card no.: \_\_\_\_\_ Expiry Date: \_\_\_\_\_

Card type:  Visa  Amex  Mastercard

I verify that the above details are correct.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_